

Kay's Cancer Journey:

Early detection, faster treatment, better outcomes



The statistics are sobering

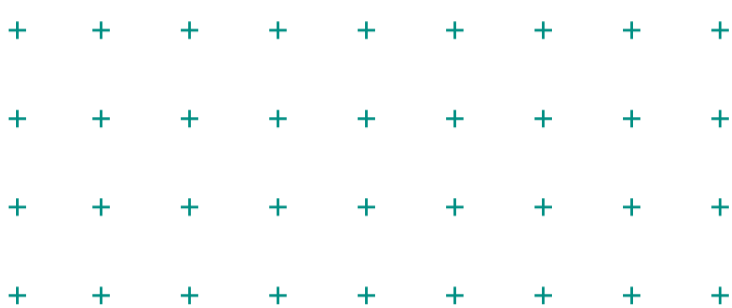
Cancer patients **wait an average of 156 days¹** from screening to diagnosis, and each four-week treatment delay can **increase mortality risk by 6-8%.²**

Behind every statistic is a person navigating one of the most frightening experiences of their life, often confused about next steps and unsure where to turn.

Kay's story shows what's possible when that changes. Through her health plan, Kay has access to Evernorth Precision Path[®], a data-driven, personalized approach that supports patients and providers at every step of the cancer journey, ensuring no one navigates it alone.

1 Kay is overdue for a mammogram

Through her health plan, she gets a call from a care navigator who helps her schedule a routine breast cancer screening, find a convenient facility, and even identify a primary care physician (PCP).



Only about **5%**

of adults³ receive the screenings recommended for their risk factors. Evernorth Precision Path's data-driven personalized outreach can be used to connect members directly and proactively to the care they need.

2 Kay's initial results are abnormal

Her PCP recommends additional testing. In three days or less, her care navigator calls Kay to arrange the recommended testing, explain her benefits, and coordinate appointments—all while Kay is still processing this scary news and the uncertainties ahead.

156 days¹

is how long the average cancer patient waits between screening and diagnosis. Diagnostic support and appointment coordination available through Evernorth Precision Path can help close the gap, which leads to better clinical outcomes and lower costs.



3 Kay completes the recommended testing

The results indicate that she has breast cancer. Her PCP refers her to an oncologist. Kay calls the oncologist, but finds out they're located far away and there's a long wait time, leaving her nervous about next steps.

4 During their next check-in, Kay's care navigator notices her anxiety

The care navigator connects Kay to behavioral health resources available to her, keeps her PCP updated, finds an oncologist nearby with sooner availability and connects her with a health plan nurse case manager.

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Unlike traditional case management, which primarily provides referrals, Evernorth Precision Path delivers **supportive care⁴** and guidance at no additional cost to the member.

5 Kay quickly meets with her oncologist, and they agree on a treatment plan

Her nurse case manager introduces her to a digital app where she and her caregivers can access her care plan any time and get virtual 24/7 support.



6 Kay undergoes chemotherapy treatment

She has regular check-ins with her nurse case manager, and both Kay and her caregivers receive support services to help them through the process. The app helps her manage the side effects from her chemo, connect with behavioral health resources, collaborate with her oncologist's office and even avoid ER visits by providing answers to questions in real time.

7 Kay's treatment is completed, and she's in remission!

She continues using the app for symptom management and behavioral health support as she adjusts to her new normal.

Kay's journey didn't happen by chance —it happened by design

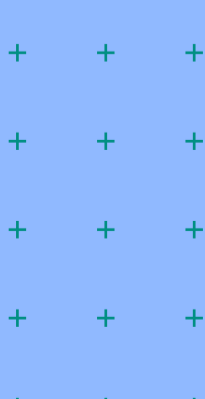
From initial routine screening, through her ongoing remission support, Evernorth Precision Path facilitated coordinated care that met her at every critical moment: expedited diagnostics, seamless handoffs between her care team, and 24/7 access to support provided conveniently at her fingertips.



The result?

Earlier treatment, fewer complications, lower costs, and most importantly, a better quality of life. This is the power of a truly integrated approach to cancer care. **Ready to bring this experience to your members?**

[Learn more here](#)



1. <https://www.jmcp.org/doi/10.18553/jmcp.2023.29.6.659>
 2. <https://www.bmj.com/content/371/bmj.m4087>
 3. <https://odphp.health.gov/healthypeople/>
 4. <https://www.capc.org/blog/study-examines-impact-of-supportive-oncology-on-cancer-care-utilization-and-cost/>