



Digital Solution for Type 1 and Type 2 Diabetes



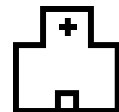
The cost of diabetes care... impossible to miss but frequently ignored

34M+ adults in the U.S.
suffer from diabetes¹

\$237B in direct medical costs related
to diabetes in the U.S.²

When compared
to adherent patients,
nonadherence to oral
diabetes medications
alone leads to³:

 **1.3x** higher
medical costs

 **1.5x** higher
ER visit costs

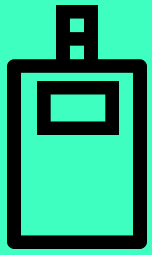
 **1.6x** higher
inpatient costs

1. Centers for Disease Control & Prevention. National Diabetes Statistics Report 2020.

2. Economic Costs of Diabetes in the U.S. in 2017, [American Diabetes Association](#), Diabetes Care 2018

3. Diabetes Dilemma: U.S. trends in diabetes medication use. An Express Scripts report. August 2017

The rising importance of care anywhere



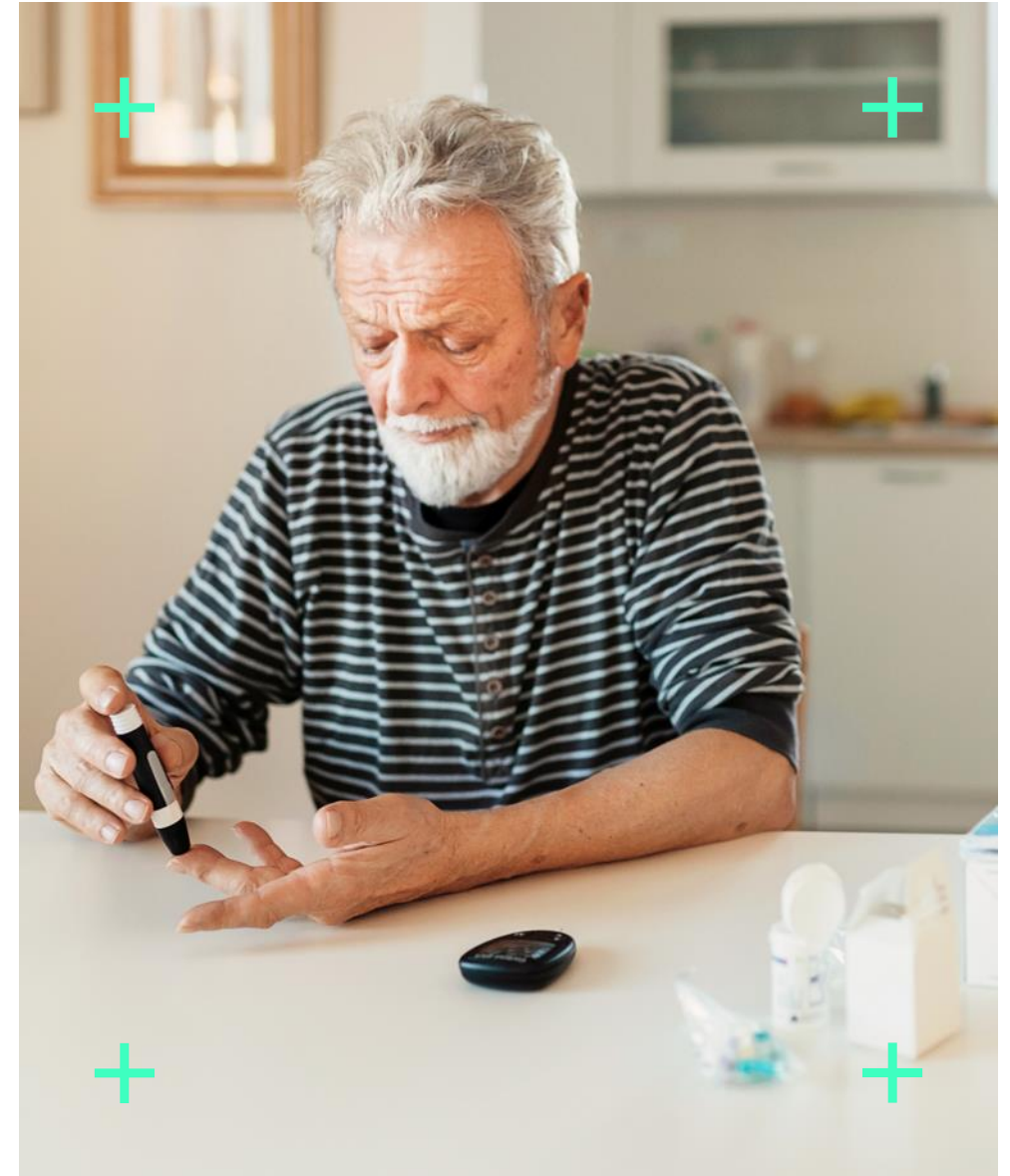
Patients are embracing change. In the first half of 2020, we've seen higher-than-ever engagement with digital health solutions.

23.4 million U.S. patients used remote monitoring services and tools in 2020¹

Digital Diabetes Solution

empowers patients to better control their diabetes by combining a glucose meter connected to their cell phone with personalized coaching.

1. Remote Patient Monitoring Trends & Health Devices in 2021 [Insider Intelligence](#).



A comprehensive member experience



Member invited to participate based on Rx and medical claims data.



No-cost connected blood glucose meter delivered to the member.
Syncs to a mobile app for easy tracking and sharing.



Clinical monitoring and personalized education improves blood sugar control, medication adherence and overall health.



Outreach in 3 minutes or less via phone, text, or in-app messaging to get dangerously high or low blood glucose levels under control.



Diabetes Therapeutic Resource CenterSM pharmacist integration addresses medication-related concerns such as lower cost options and coordination with prescribers.

Member communications are subject to change

Proven outcomes drive better health



10%

or more decline in average
blood glucose levels¹



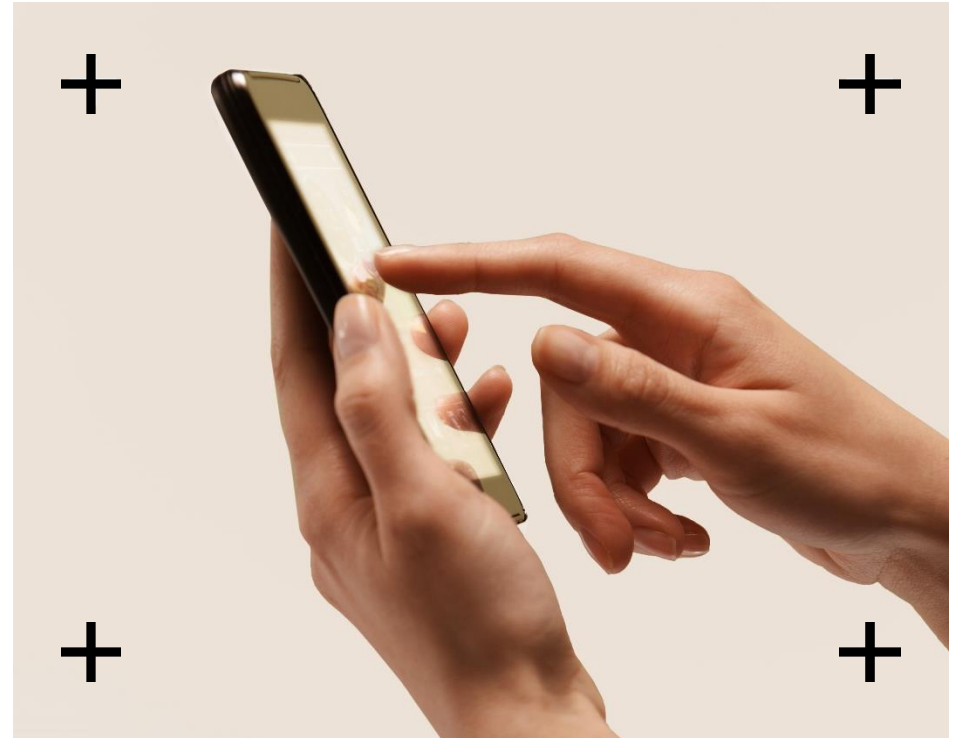
6.4%

higher medication adherence
rate increase²



0.8%

reduction (at least) of A1C²



\$80-\$100

total health care savings per
enrolled member per month³

1. Express Scripts Drug Trend Report, 2019 2. Express Scripts Book of Business data, 2019 3. Results vary per client and vendor

Reviewed and validated options



These solutions are part of the **Evernorth Digital Health Formulary** and have been clinically reviewed by professionals from Express Scripts PBM and other Evernorth subsidiaries. After this full evaluation by our panel of pharmacists, physicians, user experience experts and health research PhDs, these products demonstrate safety, security and value for clients and members.



PREFERRED