## The evolution of point solutions

CONVERGENCE OF TECHNOLOGY, DATA AND HUMAN ENGAGEMENT



From mental health apps and remote monitoring devices to adherence tools and smart home technologies, they offer specialized approaches

Digital point solutions in healthcare are designed to address

to improving member health. When combined with meaningful data integration, these solutions can

specific, targeted problems with focused tools.

deliver a hyper-personalized member experience that revolutionizes healthcare and ushers it into a new era of digital transformation.

# from past to present

Point solutions timeline:



#### point solutions Today's point solutions address a wide variety of health needs, offering specialized tools

**Anatomy of modern** 

to improve outcomes. Click the different categories for a closer look at what employers should prioritize when evaluating solutions. CLICK MENU BELOW TO LEARN MORE



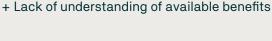
### with point solutions FOR EMPLOYERS

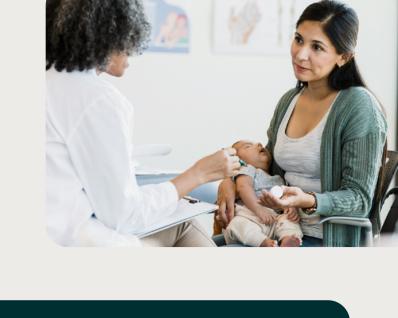
Key challenges

+ Limited clinical insights + Complex administration and limited vendor coordination

FOR EMPLOYEES

- + Lack of vendor accountability and transparency
- + Confusing experiences that lead to disengagement



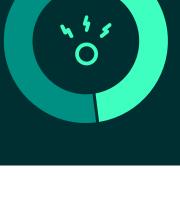




too many point solutions or vendor partners<sup>5</sup>

feel they have

41% of employers



solutions.5

48% of employers

say they lack the internal resources

#### many of the difficulties that benefits leaders and members are experiencing. Evernorth's CareNav+SM makes it easier for members to use, access and understand benefits and care

solution-rich landscape

A vendor-agnostic navigation solution can answer

through a central, unified experience.





Preserving empathy in the

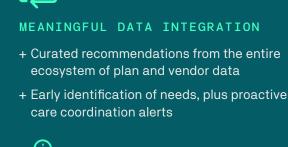
benefits experience

and compassion remain at the forefront?

As healthcare innovations become more digital, how do we maintain human connection? How can the future of benefits ensure that empathy



65%



Adopting a navigation platform can transform how an employer

manages and delivers benefits.

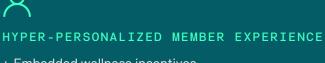
VENDOR PERFORMANCE MANAGEMENT

An effective solution offers:

+ Clinical, independent validation

+ Seamless employer/vendor relations

+ Engagement tracking



- + Embedded wellness incentives + Activity/habit tracking + Deductible and out-of-pocket accumulator balances



"human touch" into digital health

and overall care effectiveness.

**BUILDS TRUST AND ENGAGEMENT** 

ADDRESSES COMPLEX NEEDS

+ Personalized support fosters confidence in

care decisions, reducing anxiety and hesitation by making members feel heard and supported.

+ Digital tools are powerful, but human guidance helps navigate nuanced health concerns.

IMPROVES ADHERENCE AND BEHAVIOR CHANGE

solutions enhances trust, engagement,

of US adults still find

managing their care

overwhelming and

time-consuming.6



engagement, and satisfaction among members.7

Members who feel heard

and guided through their care options are more likely

to engage with their benefits.

Solutions with built-in navigation

increase satisfaction, retention,

and engagement.

Empathy in healthcare professionals is linked to better health outcomes,

+ Empathetic coaching and encouragement helps drive better long-term health outcomes. REDUCES HEALTH INEQUITIES + Personalized interactions can help close gaps in care and address social determinants of health.

The growing role of smarter data C-suite, president, and director-level leaders

+ Employee satisfaction + Potential for improvement

They typically make decisions based on:

are frequently involved in healthcare and

benefits services for their organizations.

- + Cost savings
- + Participation and engagement of employees

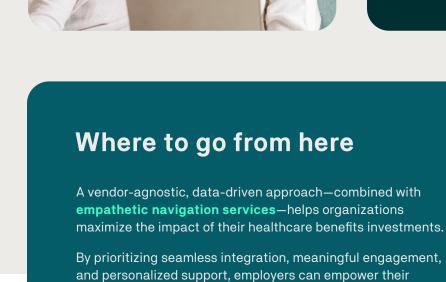
+ Reputation and reliability of potential vendors

investments. Without clear insights, organizations struggle to determine if solutions are working, cost-effective, and aligned with employee needs. For example, through our Digital Health Formulary, Evernorth has ensured that vendor partners deliver proven value in key areas. pain reduction for patients with **52%** musculoskeletal (MSK) conditions8 12.9 bs. (on average) weight loss per participant<sup>8</sup>

tobacco quit rate9

**65%** 

Data is the key to proving the value of healthcare benefits



Learn more here

workforce to access the right care at the right time.

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- American Academy of Physician Associates (AAPA). U.S. Adults Spend Eight Hours Monthly Coordinating Healthcare, Find System 'Overwhelming'. May, 2023.
  - Nembhard IM, David G, Ezzeddine I, Betts D, Radin J. A systematic review of research on empathy in health care. Health Serv Res. 2023 Apr;58(2):250-263. doi: 10.1111/1475-6773.14016. Epub 2022 Jul 15. PMID: 35765156; PMCID: PMC10012244.



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WTW, 2022 Vendor Strategy Survey, Infographic: U.S. employers prioritize new and enhanced healthcare vendor solutions, February, 2023.

8. Evernorth Health Services, Internal study on Digital Health Formulary effectiveness, 2024. Results may vary. Availability of programs and services may vary by location and is subject to change. To learn more, contact an Evernorth Health Services representative. All Evernorth Health Services products and services are provided exclusively by or through affiliates of the Evernorth companies, including Evernorth

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