



Evernorth Digital Health Formulary[®]

Making it all click

A smarter way for consultants to evaluate and recommend digital health solutions

With 350,000+ digital health solutions on the market and 250+ added daily¹, evaluating and managing digital health has become increasingly complex and resource-intensive. Consultants and their clients need a more efficient, evidence-based way to evaluate and manage an increasingly complex digital health ecosystem.

The Evernorth Digital Health Formulary is a centralized platform that streamlines the evaluation of digital health solutions across clinical effectiveness, usability, security and financial value. Available solutions help address high-impact chronic conditions, including diabetes, pulmonary health, nicotine dependence, cardiovascular health and behavioral health.

How consultants can drive value with the Digital Health Formulary:

- + Data-driven engagement and outcomes reporting
- + Integration with condition-specific Therapeutic Resource Centers[®]
- + Stringent security and privacy compliance by each digital health company
- + Reduces procurement complexity for your clients through end-to-end contracting support
- + Enables consultants to deliver cost-effective, high-quality solution recommendations

Digital Health Formulary's rigorous review process supports tailored solution recommendations aligned to each client's population, strategy and budget.

Empowering people to live healthier lives—anywhere, anytime

69%

average pain reduction experienced by those in a Digital Musculoskeletal Program²

35%

of adult workforce participants in our Digital Diabetes Prevention Program achieved a weight loss of at least 5% body weight or more after 4 months³

47%

increase in days without rescue inhaler use with our Digital Asthma and COPD Solution⁴

Savings of \$100–\$120K

Substantial administrative cost savings on average⁴

Making digital health...



Personal

Personalized support through Therapeutic Resource Centers® and digital health coaches—driving adherence, safety and lower downstream costs.



Reliable

Rigorously vetted by clinical, research and UX experts to ensure safety, effectiveness and scalability.



Simple

Streamlined evaluation, contracting and implementation—supported by data-driven insights and reporting.



Affordable

Scaled purchasing power and centralized management reduce costs across procurement, evaluation and ongoing oversight.



Deliver life-changing digital health solutions to more patients

Express Scripts Pharmacy Benefit Services integrates digital health solutions with clinical expertise to drive improved outcomes and incremental value for clients.

Clients and their members benefit from differentiated digital health solutions, with Express Scripts providing trusted oversight on safety and effectiveness.

Connect with your Evernorth representative to explore how the Digital Health Formulary can support your engagements and client strategies.

COMPLEMENTARY RESOURCES

[Digital Health Formulary slide library](#)

For more information, visit the [Consultant Hub](#)

1. Digital Health Trends 2021. IQVIA report.
2. Bailey J., et al. (2020) Digital Care for Chronic Musculoskeletal Pain: 10,000 Participant Longitudinal Cohort Study. JMIR.
3. Castro Sweet C, Bradner Jasik C, Diebold A, DuPuis A, Jendretzke B. Cost Savings and Reduced Health Care Utilization Associated with Participation in a Digital Diabetes Prevention Program in an Adult Workforce Population. JHEOR. 2020;7(2):139-147.
4. Express Scripts 2019 Data

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